



# Chapel Hill

## United Methodist Church

November 11, 2024

### Pastor's Message



**Chapel Hill UMC**  
Staff

Rev. J.D. Allen  
Senior Pastor

Kate Whitaker Hendrick  
Minister of Families

Melissa Sky-Eagle  
Worship & Music

Jill Cox  
Office Manager

Jim Hanigan  
Building Manager

CHUMC Family,

*16 Rejoice always, 17 pray without ceasing, 18 give thanks in all circumstances, for this is the will of God in Christ Jesus for you. 1 Thessalonians 5:16-18*

Each November, Katy buys a large pumpkin, makes it our kitchen table centerpiece, and challenges us to write one thing on the pumpkin we are thankful for each day at dinner time. As Thanksgiving approaches, it reminds us of the importance of gratitude throughout the year.

Our kids used to greet the gourd of gratitude with groans. My feelings were similar but less audible. I'm just not the type that really takes to such exercises. Now, however, the yearly exercise is greeted with...gratitude. We look forward to reflecting on our day and recalling what brought us some joy.

Gratitude is important. While it comes across as a command in scripture, it is truly a healing elixir offered to us by God. We struggle at times in life. Health goes away. Finances are tight. Failure may seem to be around every corner. People fail you. We often feel compelled to focus on these negatives and give them a loud voice in our mental space. Eventually, the negativity shapes who we are.

Gratitude offers healing. It does not deny the suffering. It simply reminds us that there is good in our lives and within us as well. It helps us mentally, emotionally, and spiritually. It can give us resilience to handle life's obstacles until we make it to the other side. When we remember the good, we draw our focus to the source of the good and suddenly realize we are not alone.

Let's gourd.

**Grace and peace,**  
**Rev. J.D. Allen**



## Prayer List

CHUMC Home Bound	Corky Rawdon
The Gee Family	Carolyn Curtis
Yvette's kids	Pat Moore
Matthew Shivar	Rev. J.D.'s Brother-In-Law
Aaron Brooks	Caleb Whitaker
Lynda Lyon (Iris Shivar's Cousin)	Yvette's Mom, Patricia
Judy Bull	The Family of Karen Garrison
Janis Coggshall	The Family of Margaret Bush
David Loper	The Family of Matt McCourtney
Claudia Marchant	Shepherd Resources
Terri Moore	Mass Shooting Victims
Julia and David Knutt	Peace, healing, & restoration in war torn areas
Stacey Ramsey	Hurricanes Helene and Milton Victims
Ruby Wiechman	
Mike Tatum	
Kaye Bandy	
Gary Fuls	
Patti and Harry Heckard	
John Fuls	

## Announcements

- **Pledge Sunday** is November 17. You will be receiving your pledge packets from Andrea Rains. Please be in prayer concerning how you will support the ministries of CHUMC.
- **Thanksgiving Feast** is Sunday, November 17 at 11:30 am. Meat and Dressing are provided. The sides are potluck. Please RSVP to Jill Cox or Jan Wooldridge.

## Join Us for Online Worship!

**YouTube:** [bit.ly/CHUMCYoutube](https://bit.ly/CHUMCYoutube)

**Facebook:** [www.facebook.com/chapelhillumc](https://www.facebook.com/chapelhillumc)

## Calendar of Events

<b>November</b>	<b>Mission Emphasis: Sukkot Booth</b>
<b>Weekly Events:</b>	Tuesdays, Bible Study 7 pm Wednesdays, Chancel Choir 7:30 pm Sundays, Adult Sunday School 9:15 am
Sunday, November 3	Communion Offering: UM Student Day
Sunday, November 17	Pledge Sunday
Sunday, November 17	Thanksgiving Feast 11:30 am
Sunday, November 24	Advent Decorating following Worship 11:30 am
Thursday, November 28	Thanksgiving – Church Office is Closed

## Succoth Booth Donations

Please bring your non-perishable goods to take to Metrocrest Services NOW THROUGH NOVEMBER 26<sup>th</sup>. Urgent items needed are:

Feminine hygiene products  
Canned Tomatoes  
Peanut Butter  
Toothpaste  
Diapers  
Cereal  
Pasta

All food must be nonperishable and not expired. No glass, please.



It's time to order Poinsettias. The price is \$15 each and you must have your orders in by November 24<sup>th</sup>. Forms are available in the Narthex and at the end of the pews.

**BIRTHDAY REMINDER:** Please let our church office know your birthdate, mm/dd/yyyy, so your church family can acknowledge your special day. **Your 'year' will remain private:** [office@chapelhillumc.org](mailto:office@chapelhillumc.org)



Melissa	Sky-Eagle	2-Nov			
Steve	Bandy	6-Nov			
Stuart	Peake	8-Nov	Chris	Crowe	20-Nov
Donna	Daggett	12-Nov	Berna	Elizundia	26-Nov
Claudia	O'Shea	14-Nov	M	Bandy	28-Nov
Vin	Scheihagen	16-Nov			
Neela	Metzger	17-Nov			